

ABSTRAK

Yudha Febrianta: *Upaya Peningkatan Pembelajaran Bolabasket melalui Metode Pendekatan Taktik pada Siswa Kelas VIII C SMP Negeri 2 Pandak, Bantul. Tesis. Yogyakarta: Program Pascasarjana, Universitas Negeri Yogyakarta, 2013.*

Penelitian ini bertujuan untuk meningkatkan pembelajaran bolabasket melalui metode pendekatan taktik pada siswa kelas VIII C SMP Negeri 2 Pandak Bantul.

Penelitian ini merupakan penelitian tindakan kelas (PTK) yang dilaksanakan dua siklus. Subjek penelitian adalah siswa kelas VIII C SMP Negeri 2 Pandak, Bantul berjumlah 36 siswa. Penelitian berlangsung dari tanggal 21 Februari – 21 Mei 2013, pada semester genap tahun pelajaran 2012-2013. Data dikumpulkan melalui: (1) observasi hasil belajar bolabasket dengan model pendekatan taktik, (2) observasi kelas terhadap guru, (3) observasi terhadap situasi kelas, (4) observasi terhadap perilaku siswa, dan (5) tes pengetahuan. Data dianalisis secara deskriptif.

Hasil penelitian menunjukkan bahwa pembelajaran bolabasket dilakukan melalui metode pendekatan taktik pada siswa kelas VIII C SMP Negeri 2 Pandak, Bantul ada peningkatan. Pembelajaran bolabasket dengan pendekatan taktik siswa kelas VIII C selama 2 siklus meningkatkan keterampilan proses dalam bermain bolabasket dengan pendekatan taktik. Berdasarkan penilaian pada akhir siklus I, rata-rata nilai siswa 72,8. Pada akhir siklus II rata-rata nilai siswa meningkat menjadi 78,0, sehingga telah melampaui KKM 71. Sedangkan jumlah siswa yang tuntas saat siklus I sebanyak 17 orang (47%) ke siklus II menjadi 33 orang (96%) maka telah melampaui ketuntasan klasikal sebesar 75%. Ketuntasan klasikal dari sisi pengetahuan dapat dinyatakan sebagai berikut: hasil *pretest*: 16,67%, siklus I: 91,67%, dan siklus II: 100%. Rekapitulasi hasil lembar observasi perilaku siswa dalam pembelajaran pada siklus I sebesar 2,8 meningkat menjadi 3,8 pada siklus II, lembar observasi guru pada siklus I sebesar 2,9 meningkat menjadi 3,7 pada siklus II dan situasi kelas pada siklus I sebesar 2,7 meningkat menjadi 3,7 pada siklus II.

Kata kunci: pembelajaran bolabasket, metode pendekatan taktik

ABSTRACT

YUDHA FEBRIANTA: *Attempts to Improve Basketball Teaching through the Tactics Approach Method among Grade VIII C Students of SMP Negeri 2 Pandak, Bantul.* Thesis. Yogyakarta: Graduate School, Yogyakarta State University, 2013

This study aims to improve basketball teaching through the tactics approach method among Grade VIII C students of SMP Negeri 2 Pandak Bantul.

This was a classroom action research (CAR) study implemented in two cycles. The research subjects were 36 Grade VIII C students of SMP Negeri 2 Pandak, Bantul. The study was conducted from 21 February to 21 May 2013, in the even semester of the academic year of 2012-2013. The data were collected through: (1) observations on the basketball learning outcomes using the tactics approach method, (2) classroom observations on the teacher, (3) observations on classroom situations, (4) observations on students' behaviors, and (5) a cognitive test. The data were collected using the descriptive technique.

The results of the study revealed that there was an improvement in basketball teaching through the tactics approach method among Grade VIII C students of SMP Negeri 2 Pandak, Bantul. Basketball teaching through the tactics approach method among Grade VIII C in 2 cycles improved the process skills in playing basketball game with the tactics approach. Based on the assessment at the end of Cycle I, the students' average score was 72.8. At the end of Cycle II, their average score improved to 78.0, so it was above the Minimum Mastery Criterion (MMC), i.e. 71. Meanwhile, the number of students who attained MMC in Cycle I was 17 (47%), and in Cycle II it became 33 (96%); this was above the class mastery, i.e. 75%. The class mastery from the cognitive aspect could be explained as follows: from the pretest results, the mastery was 16.67%, in Cycle I it was 91.67%, and in Cycle II it was 100%. The recapitulation from the observations on the students' learning behaviors in Cycle I was 2.8, improving to 3.8 in Cycle II; that from the observations of teachers in Cycle I was 2.9, improving to 3.7 in Cycle II; and the class situation in Cycle I was 2.7, improving to 3.7 in Cycle II.

Keywords: *basketball learning, tactics approach method*